

YWCA JUMP is an exciting program for newcomer women, girls and gender diverse people over the age of 13 who are permanent residents, convention refugees, protected persons, live-in caregivers or temporary residents and their dependents from Ukraine and Gaza.

Proof of immigration status must be provided.

222 Dixon Road, Suite 207 | Etobicoke, ON M9P 3S5 416.964.3883 | ywcatoronto.org/jump | **f y 6 in D**

EXPRESSIVE ARTS PAINT CLASS (IN PERSON)

Facilitated by Rinat Moshe-Solnik



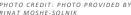




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Wednesday, February 19, 2025 | 10a.m.-12:30p.m. 222 Dixon Road, Suite 207, Etobicoke | Click here to register

Join this interactive workshop where you will learn how to improve their emotional well-being and expand their creativity by expressing themselves through art.

In this session you will learn about:

- The principles of creativity and authentic self-expression.
- How to connect with your creativity and visual voice.
- Reflecting on your artwork through self-writing about your creative journey, capturing your thoughts and feelings.
- Deepening your experience by gaining clarity and insights into themselves, and sharing your self-discovery with the group.

*Those taking public transit to attend this session will receive TTC Presto cards.



SCAN TO REGISTER

For more information, please contact us **at 416.964.3883** or **jumpetobicoke@ywcatoronto.org**

*Please note: due to funding criteria, we are unable to serve Canadian Citizens and Refugee Claimants at this time.

JUMP Etobicoke is

offering services under a hybrid format.

In person or individual appointments can be

requested. Participants

required to self-screen

and visitors are

for in-person appointments.





